

Important Information for Fall 2010 Athletics

- Sport's physicals are offered at the school by South Mountain Family Practice on 7/14 (5-7pm), 7/17 (9am-12pm) and 7/21 (5-7pm). \$30 fee, no insurance needed. Must have a parent present. You may also do these at your personal doctor.
- On Thursday, August 12th at 7pm, there is a meeting for ALL fall athletes and parents. This will be when parents and players get to meet the coaches and pick up their paperwork that will be due on Saturday morning. Coaches will go over team rules and criteria for making the team.
- First possible practice day is Saturday, August 14th
--some sports have conditioning and weight training throughout the Summer (see individual coaches)
- September 2nd, at 7pm is a **Mandatory Parent's Meeting**/Meet the Warriors Night with the Athletic Director and Principal. If the athlete and a parent are not there, the athlete is ineligible for the first competition.
- All schedules are kept up to date on www.highschoolsports.net
- You can reach the Athletic Director, Mark Wadel at 301-766-8028 or wadelmar@wcboe.k12.md.us

Coaches by Sport:

Football: Clayton Anders, andercla@wcboe.k12.md.us

Volleyball: Andrea Sawtelle, asawtelle@hagerstownnaz.org

Boys Soccer: Mike Long, longmdl@gmail.com

Girls Soccer: Kyle Lingg, linggkyl@wcboe.k12.md.us

Golf: Greg Henry, henryden@wcboe.k12.md.us

Cross Country: Rebecca Walter, waltereb@wcboe.k12.md.us

Cheerleading: Leann Stotler, lstotler@rexelusa.com